



Outpatient Counselling & Care Centres

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WAYS OUT OF ADDICTION



The Grüner Kreis association

The Grüner Kreis (Green Circle) association for the rehabilitation and integration of people with substance use disorders (SUD) is the leading institution in Austria offering swift and professional help for people with dependency problems. Our primary aim is to make it possible for people with SUD to find a way to an independent, socially integrated and largely addiction-free life. Everybody with SUD finds help in the Grüner Kreis – whether they are young people, adults, parents with children, couples or elderly people.

We treat clients

- with substance-related addictive behaviour (such as drugs, alcohol, medicaments etc.)
- with non-substance-related addictive behaviour (such as pathological gambling, internet addiction etc.)
- with a judicial order (§ 35 and § 39 SMG, § 50 StGB, § 173 StPO)

We serve people with addictive illnesses who would like

- an inpatient physical partial/complete withdrawal (currently only for clients in Vienna),
- an outpatient/inpatient alcohol therapy/rehab.,
- mentoring in existing substitution (inpatient/outpatient)
- or are striving for abstinence.

Outpatient offers

As part of outpatient clarification, those affected receive individual support and mentoring as required. This takes place through the staff of the counselling and care team or the staff of the outpatient counselling and care centres. Counsellors are available for those affected throughout the country. Discussions take place in hospitals, prisons, social-work institutions and the advice centres of the Grüner Kreis association, and wherever people seeking assistance may be.

In the outpatient counselling and care centres a multi-professional team offers:

- Prevention
- Counselling, information, contact with other agencies
- Rehabilitation
- Outpatient therapy
- General medical and psychiatric therapy
- Psychotherapy, clinical psychology
- Social work
- Crisis intervention
- Mentoring before and after inpatient therapy
- Counselling for relatives



Inpatient offers

A specialist hospital, eight children's and young people's institutions and social-work institutions in Lower Austria and Styria with a total of 290 beds offer abstinence- and substitution-supported short- and long-term therapy programmes.

Our therapy programme is based on the concept of the therapeutic community and includes:

- Individual and group psychotherapy
- Medical counselling/therapy/rehabilitation
- Psychotherapy, clinical-health psychology
- Social work, job training, occupational therapy
- Active leisure time, sport, art, creativity

Following long-term inpatient therapy, alongside outpatient counselling, Lower Austria-AMS (Public Employment Service) supported transitional staff programmes, starter-homes and places for long-term inpatient care with a relocated residence are available.

Mit finanzieller Unterstützung von

